

## Open House

Event for families impacted by Young Onset Dementia (under 65)

Join us at the launch of SPRINT Senior Care's unique wellness program for people living with Young Onset Dementia (under 65) –  
Saturdays @ SPRINT Senior Care.

A unique opportunity for families to:

- Tour and see the program space
- Get a glimpse into available programming
- Familiarize yourselves with staff
- Ask questions and make recommendations

**When:** Saturday, September 16th, 2017 from 2pm to 4pm

**Where:** SPRINT Senior Care Active Living Centre, 1 William Morgan Drive

**Cost:** This is a free event.

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## Saturdays @ SPRINT Senior Care

A wellness program for people living with Young Onset Dementia (under 65)

SPRINT Senior Care brings to you a unique wellness program for people living with Young Onset dementia (under 65) that focuses on physical and mental well-being of the participants.

Benefits of attending a wellness program:

- Opportunity to socialize and be physically active
- Engagement in choice of meaningful activities
- Input to plan opportunities to explore new interests
- Sense of belonging and support within a peer group
- Support to maintain existing capacities and strengths

**When:** Every Saturday from Oct. 14th from 9:30am to 2:30pm

**Where:** SPRINT Senior Care Active Living Centre, 1 William Morgan Drive

**Cost:** There is a fee to attend this program. Please contact us to learn more.

**Transportation:** Please call us to arrange.

### LEARN MORE & REGISTER:

Online at [www.alz.to](http://www.alz.to), click "Get Help", then "Dementia Support and Information"  
OR contact SPRINT Senior Care's Social Work Department: