

EWART ANGUS SPRINT HOME INFO SHEET

Ewart Angus SPRINT Home is a unique residence that specializes in promoting the independence and strengths of people living with dementia. Our safe and secure, home-like environment is designed for 20 individuals who are no longer able to live on their own, but who do not require long-term care, such as a nursing home.

Social Model of Care

Care is based on the philosophy that we uncover, build on, and work with remaining strengths, that we are a non-medical model and that new family members are an integral part of the Team. Daily life centers around a program of meaningful activities to foster self-esteem, self-confidence and life satisfaction.

Specially Designed Environment

- Home-like residential environment for 20 residents who have dementia.
- Five private bedrooms in each of the four apartments. Each resident brings his/her own furnishings for their bedroom which creates a personal, familiar, comfortable environment.
- Safe and secure locked unit with the appearance of a regular apartment.
- Residents can move about freely without risk of harm or undue frustration.
- Each bedroom has a large wardrobe and a 3 piece barrier-free bathroom with safety aids.
- Roof garden and work room for hobbies, relaxation and social events.

Staff

- Caring, specially trained Personal Support Workers who respect the dignity and abilities of the residents plus staff trained in Activation.
- Understand the effect of dementia on behaviour.
- Provide a flexible routine, following the desires of the resident, i.e. bedtimes and bath times are flexible, breakfast eaten when desired.

- Work with the residents, encouraging them to remain as involved as they are able and building on their remaining skills and strengths to provide many opportunities for success.
- Staff ratio is minimally 1:5 in the day and 1:10 overnight.
- Physicians and dementia specialists available for in-home consultations.
- Hairdresser and foot care nurse visit regularly.
- Supervisor on site as well as on call after hours.

Programming/Philosophy of Care

- Respect for lifelong routines.
- Meaningful, practical activities to help the resident remain as involved as they are able in the activities of daily living to maintain a sense of independence, self-esteem and self-confidence.
- Residents are encouraged to participate in such activities of daily living as meal preparation, laundry, cleaning, etc. These activities are a significant part of the activation programming.
- Individualized programs and activities are tailored to meet the needs, interests and abilities of the resident.
- Special daily group activities add fun and stimulation and include musical activities, gardening, games, discussions, outings, celebration of special days, etc.

Families, Friends and Volunteers

- The needs of family members are recognized and supported.
- Families and friends are welcome to visit anytime and to participate as much or as little as they wish.
- Family members, friends and volunteers significantly enrich the programming.

Funding/Costs

- The Ministry of Health Long-Term Care provides Supportive Housing funding to SPRINT Senior Care to provide 24 hour care for the 20 residents with dementia.
- Residents pay monthly rent to Ewart Angus Homes Inc. and a monthly care fee to SPRINT Senior Care.

Benefits/Outcomes

- Exceptionally high level of family satisfaction and involvement.
- Challenging/reactive resident behaviors noticeably diminished due to building design and size, staff training, staffing ratio, and activation/care philosophy.
- Best possible quality of life for residents - residents able to do for themselves the activities of daily living to greatest degree possible thus fostering independence, self-esteem and self-confidence.
- Significantly delayed institutionalization.
- Cost effective for the resident and for the tax payer.

SPRINT Senior Care

- SPRINT Senior Care, a United Way neighborhood community support agency, provides a wide range of support services in North Toronto to help seniors and persons with disabilities continue to live at home and be active in their community.
- Clients with early dementia often begin by using such SPRINT Senior Care services as Transportation, Respite Care and Homemaking. As the disease progresses, the Adult Day Program is often very valuable for families.
- As of October 1999, the Ewart Angus facility is part of the continuum of care SPRINT Senior Care offers and is an option for families no longer able to care for their family member at home.
- Please see the SPRINT Senior Care Annual Report for more information on SPRINT Senior Care.

Ewart Angus Homes Inc.

- Ewart Angus Homes Inc., a private not for profit organization, owns the Ewart Angus Home building and has partnered with SPRINT Senior Care to provide the care in the dementia units.
- The Ewart Angus Homes Inc. building consists of 6 floors. Well seniors live in spacious market rent apartments on the first three floors of the building. The 20 seniors with dementia live in 4 apartments on the 4th and 5th floor and have the use of a work room and roof garden on the 6th floor.
- The Ewart Angus Homes Inc. building was built entirely with private (non-government) monies.