

Peer Support Group

Are you seeking an opportunity to socialize with fellow seniors? Do you like learning about different health and wellness topics by listening to presentations? Do you enjoy participating in group activities? Then you might be the right fit for our Peer Support Group!

Registration required through the Information Desk



Date:

Friday afternoons

Time:

2-4pm

Location:

140 Merton St., Second Floor, Jane Moore Room

Cost: \$3
Includes light refreshments and coffee/tea



For more information please call the Information Desk at
416-481-6411 ext. 225